

## Vancouver Paediatric Team

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## **CAPITAL Letters First?**

It just makes sense! Some letters are more difficult (developmentally speaking) than others. Capital letters are much easier to form than lower case letters and here are some of the reasons:

- All capital letters are the same height
- All capital letters start at the same place the top
- All capital letters occupy the same vertical space
- All capital letters are easy to recognize and identify.

Consider the lower case letters b, d, g, p, q. They all look very similar, they all start at different places: some go above the line, some go below the line; they are easily reversed. Now, consider the same letters as capital letters – B, D, G, P, D. they all start at the top! They have very distinct formation, with no 2 letters being easily confused.

They are big, bold, and familiar!

Consider the child's world in our community. They are constantly exposed to very important capital letters that they learn to recognize and identify at a very early age. For example: STOP, EXIT, DANGER, H (hospital), AMBULANCE, etc.

Consider a handwriting curriculum that teach the capital letters in developmental sequence, in order of difficulty. The harder ones are those which have diagonal lines, are reversible, or change direction during a stroke. When taught in this sequence, children learn to master skills and build on what they have learned. The result is beautiful letter formation!