

Air Filled Cushions





Disc'o Sit	Movin' Sit
	

Use:

- Air filled cushions allow for movement while remaining seated
- The cushions can be used on a chair or on the floor
- Either surface can be facing up (flat or bumpy)
- If using the Movin'sit wedge shaped cushion, place the narrow end facing forward.

Inflation:

- To inflate, remove the white plug, place a straw in the hole and blow up the cushion like a balloon (a pump is not necessary).
- Check to see if the cushion is adequately inflated by sitting on it. The cushion should allow for movement but should not bottom out or feel like you're going to fall off.

Over Inflated	Under Inflated
	
	

Care:

- Wipe down the cushion with warm soapy water. Rinse, and towel or air dry.